



SUMMER CAMP FOR RUNNERS

When - Sunday, 8/7, 8am thru Tuesday, 8/9, 4pm

Where - Rough River Dam State Resort Park, Falls of Rough Rough, KY

What -

- **Swimming**
- **Tubing**
- **Volleyball**
- **Team Building Exercises**
- **Home Cooked Meals**
- **A Few Talks about Running**
- **A Movie Night**
- **Some Time to Hang Out**
- **And...oh yeah....Running**

How Much - \$75 all inclusive

What to Do - Complete the "Reserve my Spot" Google form